

# Clay Community Schools

## ELEMENTARY LUNCH

OCTOBER 2021

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Sep 14, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 CHICKEN PATTY/BUN CARROTS, fresh SANDWICH VEGGIES SUN CHIPS FRUIT of cooks choice MILK
Oct - 4 CHICKEN NUGGETS MAC & CHEESE CARROTS & CELERY ORANGE SMILES PRETZEL MILK	Oct - 5 BISCUITS & GRAVY HASH BROWN PATTY RED BEANS BAKED APPLES JUICE MILK	Oct - 6 PEPPERONI FRENCH BREAD PIZZA CORN CUCUMBER COINS RED PEPPER STRIPS APPLESAUCE MILK	Oct - 7 HAMBURGER/BUN SANDWICH VEGGIES FRENCH FRIES CARROTS, fresh PEACHES MILK	Oct - 8 TEACHER IN-SERVICE DAY
Oct - 11 FALL BREAK NO SCHOOL TODAY	Oct - 12 FALL BREAK NO SCHOOL TODAY	Oct - 13 FALL BREAK NO SCHOOL TODAY	Oct - 14 FALL BREAK NO SCHOOL TODAY	Oct - 15 FALL BREAK NO SCHOOL TODAY
Oct - 18 CHICKEN DRUMMIES, BISCUIT MASHED POTATOES GREEN BEANS FRUIT of cooks choice MILK	Oct - 19 TACO SALAD REFRIED BEANS CARROTS, fresh PEACHES GRAHAM CRACKERS MILK	Oct - 20 BIG DADDY'S PEPPERONI PIZZA CORN CARROTS, fresh APPLE, FRESH MILK	Oct - 21 STEAK BITES ROLL MASHED POTATOES BROCCOLI, FRESH MANDARIN ORANGES MILK	Oct - 22 HOT DOG / BUN SUN CHIPS CARROTS, fresh BROCCOLI, FRESH FRUIT of cooks choice COOKIE MILK
Oct - 25 POPCORN CHICKEN CORNBREAD BROCCOLI & CHEESE BAKED BEANS MIXED FRUIT MILK	Oct - 26 SPAGHETTI/MEAT SAUCE BOSCO BREADSTICK BUTTERED PEAS CARROTS & CELERY MIXED FRUIT MILK	Oct - 27 GALAXY CHEESE PIZZA CORN CARROTS, fresh APPLESAUCE BIRTHDAY TREAT MILK	Oct - 28 TURKEY AND NOODLES DINNER ROLL, WG MASHED POTATOES GREEN BEANS STRAWBERRIES MILK	Oct - 29 TURKEY/CHEESE SANDWICH SUN CHIPS SANDWICH VEGGIES CARROTS, fresh APPLESAUCE MILK

ALL MENUS ARE SUBJECT TO CHANGE  
This institution is an equal opportunity provider.

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	623	550-650	100%	Carbohyd	83.83 g	53.82%	
Sodium	998 mg	1230		Tot. Fat	19.42 g	28.06%	<=30.0%
Calcium	427.42 mg			Sat. Fat	6.45 g	9.31%	<10.00%

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**